



ZES BOUTIQUE STUDIO

Reformer Pilates Fysio Massage

Disclaimer ZES Boutique Studio for **Reformer Pilates Classes**

(1) Introduction

This disclaimer governs our Reformer Pilates classes. Please read this disclaimer before taking part in any Pilates class.

You acknowledge that all exercise involves a risk of personal injury, including a small risk of serious injury and agree to take responsibility for your health and well-being in relation to our Reformer Pilates classes.

(2) Health and medical conditions

You acknowledge and represent that:

- to the best of your knowledge, you suffer from no medical or physical condition or disability that will or might increase the normal risks associated with exercise;
- your doctor has approved your participation in Reformer Pilates classes.

You must inform us, as soon as possible, if:

- you suffer from any new or existing injury, illness or other medical condition;
- you feel any pain or discomfort during a Reformer Pilates class; or
- you feel that any exercise included in a Reformer Pilates class would be unsafe or uncomfortable for you.

We may in our sole discretion prohibit you from participating in a Reformer Pilates class; and you must comply with all of our instructions in relation to our Reformer Pilates classes.

(3) No representations or warranties

We do not represent, warrant, undertake or guarantee:

- that you will not suffer from any injury arising directly or indirectly out of our Reformer Pilates classes;
- that your fitness will measurably improve as a result of participation in our Reformer Pilates classes.

(4) Law and jurisdiction

This disclaimer shall be governed by and construed in accordance with Dutch law, and any disputes relating to this disclaimer or Reformer Pilates classes will be subject to the exclusive jurisdiction of the Courts of The Netherlands

(5) Our details

In this disclaimer, "we" means (and "us" and "our" refer to) "ZES Boutique Studio Maastricht".

(6) Instructor

The limitations and exclusions of liability in this disclaimer protect the instructor Petra Bekkerin as well as ZES Boutique Studio.

Brusselsestraat 74 Eerste verdieping
6211 PG Maastricht
www.zes-maastricht.com